



My Medication Card

Please complete and show this card to your doctor and pharmacist.

Name _____

Phone Number _____

Address _____

Blood Type _____

Medical Condition(s) _____

Date of Birth _____

Physician _____

Physician Phone _____

Pharmacy _____

Pharmacy Phone _____

Emergency Contact

Name _____

Home Phone _____

Work Phone _____

Cell Phone _____

Allergies

Allergic to _____

Reaction _____

Allergic to _____

Reaction _____

Medical History

Please check all that apply:

- Asthma
- Diabetes
- Kidney disease
- Heart disease
- Cancer
- High blood pressure
- Other

Over-the-Counter Medication

Please check those that you take regularly:

- Allergy relief, antihistamines
- Aspirin/acetaminophen/ibuprofen
- Cold/cough medicines
- Herbals, dietary supplements
- Antacids
- Laxatives
- Vitamins or minerals
- Diet pills
- Sleeping pills
- Other

Whenever you see a doctor, including your primary care physician, specialist or emergency room physician, review and update this medication list.

Name of Medication/Dose	Date Started	How much to take	When do you take it?	Why do you take it?

Continue medication log on back.

